



The last day to donate food before Christmas is 20<sup>th</sup> December 2021. This will ensure that your donation is at the distribution centres in time for Christmas.

For donation points and an updated list of items we need please visit www.braintreearea.foodbank.org.uk/givehelp or telephone 01376 330694

	2	3	4	5	6
Toilet Rolls	Rice Pudding	Tinned Fish	Sponge Puddings	Cereal Bars	Chocolate Bars
	8	9	10		12
Long Life Milk (1L)	Long life Juice 1L	Tin opener	Sugar 500g bag	Toilet Rolls	Rice pudding
13	14		16	17	18
Tinned Fish	Sponge Puddings	Cereal Bars	Chocolate Bars	Long Life Juice 1L	Long Life Milk 1L
19	20	21	22	23	24
Tin Opener	Sugar 500g bag	Chocolate Bars	Toilet Rolls	Sponge Pudding	Toilet Rolls

WWW.braintreearea.foodbank.org.uk

Registered Charity in England & Wales 1148782. 'Your donations will be going to Braintree Area Foodbank – 'a registered charity or charitable organisation which is part of the Trussell Trust network'