

ADLENT CALENDAR



PLEASE USE HASHTAG **#ADLENTCALENDAR** TO SPREAD THE WORD

Long life juice 1l 01	Packet soup 02	Jam 03	Chocolate bars i.e KitKat/Penguin 04
Instant mash 05	Tinned spaghetti 06	80 Tea bags 07	Squash (small bottles) 08
Instant coffee (small jars) 09	Tinned tomatoes 10	Tinned vegetables 11	Sponge puddings 12
80 Tea bags 13	500g bag of sugar 14	Tinned cold meats 15	Laundry detergent (liquid or tabs) 16
Packet soup 17	Tinned spaghetti 18	Strong reusable carrier bags 19	500g Bag of Sugar 20
Instant Mash 21	Chocolate Bars i.e KitKat/Penguin 22	Jam 23	Tinned Cold Meat i.e ham/Corned Beef 24
Long life juice 1l 25	80 Tea bags 26	Tinned spaghetti 27	Squash (small bottles) 28
Sponge puddings 29	Strong reusable carrier bags 30	Packet soup 31	Small jars of Coffee 32
Jam 33	Instant mash 34	Tinned vegetables 35	500g bag Sugar 36
Fruit juice 1tr cartons 37	Laundry detergent (liquid or tabs) 38	Chocolate Bars i.e KitKat/Penguin 39	18 April Tinned Cold Meat i.e ham/Corned Beef 40

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To find out where to donate please visit

<https://braintreearea.foodbank.org.uk/give-help/collection-points/>



Braintree Area Foodbank is registered charity No 1148782 Registered in 8183618. These donations will be going to a local food bank – a registered charity which is part of the Trussell Trust network.