



## Winter Appeal 2019 Shopping List

Last December we supplied over 5,600 meals and this year we are set to give out even more. By donating an item from this list you will be helping someone in need.

### Food Items

- 1Lt Longlife Fruit Juice
- Tinned Custard
- Pasta Sauce
- Tinned Fruit
- Tinned Soup
- Tinned Spaghetti
- Sponge Puddings

### Non-food items

- Shower Gel
- Shampoo
- Deodorants
- Washing-up liquid
- Non-biological washing powder

Although Christmas food is a 'treat' we need to keep our stocks up of our 'shopping list' items to be able to provide basic meals which is why we are not asking for specific Christmas items.

**We ask for small packs** as larger packs do not fit in our boxes making it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs. Food donations can be made via your local library in Braintree, Witham, and Halstead.

On behalf of those who visit our centres we thank you for your generosity.

**Thank you.**

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W: [www.braintreearea.foodbank.org.uk/give-help/donate-food](http://www.braintreearea.foodbank.org.uk/give-help/donate-food)

*We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their "use by" date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.*